

UBT Declutter Checklist - Clothing



Untangled by tingle
clutter to calm

Take a
before
photo

Socks /
Tights

PJ's /
nighties

Bras / Pants
/ Knickers

Vests

T Shirts

Tops
Shirts/
Blouses

Cardigans/
Hoodies

Leggings /
Jeggings

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Jeans

Trousers

Shorts

Skirts

Jackets

Suits

Dresses

Waistcoats

Jumpers

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Coats

Sportswear

Dressing
gowns

Dress up /
fancy dress

Hobby
wear

Swimwear

Take an
after photo!