

UNTANGLED BY TINGLE



Specialised support for
those with clutter issues

Do you have clients that suffer from Hoarding Disorder? Are their homes impacting on their quality of life or threatening their tenancy? Do you know busy families overwhelmed by their cluttered home, or individuals just needing some support to be organised and live clutter free?

I can help. My name is Heather Tingle. I'm a former hoarder that decluttered my home, and transformed my life in the process. I'm the decluttering expert on BBC Radio Sheffield, and a Member of the Association of Professional Declutterers and Organisers (APDO).

I understand the problems people face in every day life when living in clutter and chaos. I have awareness of mental health issues and neurodiversity which enables me to work WITH clients and multi agency teams to achieve their aims and take clients from clutter to calm. I'm discreet, sympathetic and get amazing results - and everything i do is client led so that is lasts.

I also offer tailored training and hoarding awareness sessions for charities and teams in public sector services.

Tel/Text 07788 106 292
e: help@untangledbytingle.com

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LinkedIn, Facebook, Twitter & Instagram
www.untangledbytingle.com